ANEW

APrognostication,

For the Year of our Redemption, 1680?

Being Bissextile, or Leap Year.

Most Curiously and Artificially Calculated, for all North Brittain; but more Especially, (and even according to Typographer's very bound Duty,) for the Latitude and Meridian of our wost Famous CITY of BON-ACCORD.

Which Stands upon a pleasant Lone,
Whose gallant Dykes, are Dee and Done.

By an Ancient, and expert Astronomer,



Come now, (old Friend,)
and let us see,
What thou can say, this
Year will be:
Though thy Predictions
some despyse,
And doe Account them to
be lyes.
Yer sure, gross ignorance
them bewrayes,
Who not beleeves what
Astrologers sayes:
Of O,& ,& , s, each one,
Who are still govern'd by

GOD alone;

For what they doe Predict, we all doe know Dock come to pass, or else, they'd have it so.

At Aberdeen by Iohn Forbes, Anno 16803

The moveable Feasts and Terms 1680.	
The Golden Number, is 9	
The Epatt 9	
The Dominical, ox, Sundayes-Letters D C	
Dierving for Januar and Februar, and C for the reft of the y	e36;
Fastens Even, or Shrope-Tuesday, Febr. 24	
The first Sunday of Lent, - Febr. 29	
Easter, or Pasch-Sunday, - April II	
Whitsanday, May 30	
And betwirt Candlemas-day, and Fastens-Even's-dethis Year, there is just twenty one days inclusive	
A succinct Computation of memorable This	mgs
to this present Tear of God, 1680.	
Since the Creation of the World 56	43
Since the generall Deladge 39	73
Since the building of Edinburgh Castle 20	OIC
Since the League betwixt Scotland and France	192
Since the famous City of Aberdeen was first foun-	
ded by Gregorius Magnus, 73 King of Scots 7	195
Since the famous invention of Printing in Brit-	
tain, but long before in China,	40
Since the Colledge of Glasgow was builded, by	
the Reverend Bishop Turubull	125
Since the Colledge of Aberdeen was founded by	
물과 사용에 들어나면 가는 아이들이 되었다면 하면 하다면 하면 하는데 하면 하다.	87
Since the Birth of our Gracious and Royal Sove-	
raign K. CHARLES, May 29. 1630.	50
Since the Birth of his Reyall Highness, IAMES	
Duke of Albanie and Yorks	46
Long live King Charles, God's Stewart o're this Rea	lins
May that Race Rill fie at this Kingdom Helmi	

Valentins fair at Linkithgow 14 day, at Forfor 15 day, Ashwednesday at Lanerk and at Valleysield 24 day, Fastens-Evens fair at Fyvie on Fastens-Evens day.

March begins on Munday, prei dayes.

Sun riseth 38 min before 7, sets 38 min after 5.
Now bleed and bath, if thou desire, And purge also, if need require:
Ill bumors do in many breed, Provide in time before you need.
Full Moon Fryday 5 day, 27 min. past 6 morning.
Last quar. Saterday 13 day, 43 min. past 9 morning
Change Saterday 20 day, 8 min. past 10 forenoon.
First quar. Fryday 26 day, 14 min. past 11 at night.

The first three days violent blasts of wind, then to the xii more calm with some rain or snow, from thence to the xxiii changing weather, sometimes fair, and sometimes foggie and hasie, with

Easterly winds, the rest good spring weather.

S. Monnence in Aberdeen, Dumfermling, Abercherder, Marnoch-kirk and Strathaven I day, at Pettenweem 3 day Marnoch fair at the kirk of Leuchel I tues. Dunthos in Tain 9 d. at Dumblane I wednes. 8. Mark at Inverness and Auchtertuile 10 d.s. Patrick at Dumbartan Strageeth and Kirkaldy 16 d. at 8. Johnston 19 d.s. Cuthbert in Langton of the Mers 20 d. Lady day in Wester-weems, Bamff, and Auchtermuchty 25 day.

Fairs, whiles in March, and whiles in April.

Midlentron fair at Tarntie Banchrie, on thursd before Midlentron sunday. Palmsuday at the kirk of Foirg Inverness. 8. Iohnston Skierthursday before Pasch in old Aberdeen, Glasgow. Dumbartan, Cowper and Elgin, Pasch munday in Cowper of Fiffe, Lanerk, and Irwing. Lowsunday in Killimure, and S. Andrews.

April begins on Thursday, predayes.

Sun riseth 53 min before 6, sets 53 min. after 6.
How wholesom baths thou mayst frequent, Let blood also, and not repent
Those are good means thee to defend, From griefs that do on thee attend

Foll Moon Saterday 3 day, 13 min. past 11 at night.
Last quar. Sanday 11 day, 42 min. past 12 at night.
Change Sanday 18 day, 5 min. past 6 afternoon.
First quar. Sunday 25 day, 40 min. past 1 afternoon.

This moneth cometh in somewhat cold, yet not much hurtfull to the Corns the first xii days, then to the xviii somewhat rainy and windie, from thence to the end fair and warm, wind S. West.

S. Oles fair at Ernsten, and Corfterphin 1 thesd. Donald fair at Auchterless 17 d. 8. Mark in Dysert and Forres 23 d. Rude fair at Rattray last thesd. Beltanday the first 26 d. at Kilreny 30 day.

May begins on Haterday, rrri dayes.

Sun riseth 36 min before 3, sets 56 min. after 7.
Rise early non this month of May. And walk the stelds that he so gay:
From surstiting see thou restain, or som it will procure thy pain.
Full Moon Munday 3 day, 57 min. past 2 afternoon
Last quar. Tuesday 11 day, 44 min. past 2 afternoon
Change Tuesday 18 day, 38 min. past 1 morning.
First quar. Tuesday 25 day, 47 min. past 2 morning.

Reasonable fair weather for May walks with young Ladies till the xiv day, then to the xviii cloudie and darke with some rain, from thence to the xxv brave blustring winds for raxing the corns

with some rain, the rest more fair, set variable.

Rude fair in Ellon, Beltan in Monross, Kinrocher. Teebles 3 d. at Carlouk, and Drymen 9 d. at Stirling, Bamff, and Kirkaldy 16 d. Ascention day at the Burgh of Annan, 8. Iohns fair at Old-Meldrum last tnesday, and at Glenqubitbel last wednesday.

Bairs whiles in May, and whiles in Iune.

A fair at Lestie on thurs d. before Whitsunday, at Stirling, & Stonbive, 8 days before Whitsund. called Pardon day, at Borrowstonness, Peterbead, Chanry of Ross, kirk of Ninians, Linlithgow and Dumblane. Trinity-munday on Edinburgh, Briechen, S. Andrews, and Bruntiland.

Trinity

Trinity-tuesd at Rugland, and thursd. after at Falklands and the week after upon the Moor of Dun.

June begins on Tuesday, rer dayes:

Sunviseth 44 min before 4, sets 44 min after 8.

Drink und or sweet, saste use at all, For thereby grows no danger sinche And to the self such pastime with, As may be God thee merry make.

Full Moon Wednesday 2 day, 1 min, past 6 morning.

Last quar. Wednesday 9 day, 8 min. past 7 at night.

Change Wednesday 16 day, 19 min. past 9 morning

First quar. Wednesday 23 day, 5 min. past 6 afternoon

First four days clear and windie, then to the x some showres now and then, from thence to the xvi warm weather, then to the xxii cloudie and halie sometimes rainie, the rest fair and clear.

A fair at Kinross I these Languewton 5 d. at Stramiglo, Aberdonr, and Ennerkiething 6 d. s: Colms fair at Belbelvie, New Deer, and kirktown of David 2 these 8. Barnabie in Lawder, Dysort, Dowglas, and 8. Lawrence in Grinnock, Prestonpans, and Dirleton, II d. s. Margarets fair on the mains of Keitb-hall, at Turress, and at Annan, 3 these d. at Abernothy, and Ceres in Fisse, 13 d. Midsummer fair at 8. Iohnston, Air, Wigton, Bamf, & Athelston, I4 d. in Antertuil, Clackmannan, & Scoon 15 d. at Strathaven 16 d in Dumsermling 18 d. at Forers, Alathie, and Nicolson, 25 d. at Forfar, Falkland, Bruntiland, Bamf, and Kelso, 26 d. at Gallashiels, 27 d. s. Serss fair at Culsamon in Gerry, last these day. S. Iohns fair at Frasersburgh, the last fryday.

July begins on Thursday, rexi dayes.

Sun riseth 37 min. before 4, sets 37 min. af ter 8.

Bersume thy house with savors sweet, But such as are for purpose meet:

Abroad as thou in streets dost go, Defend thy self from stinks also.

Full Moon Thursday 1 day, 10 min past 7 at night.

Last quar. Thursday 8 day, 3 min. past 12 at night.

Change Thursday 15 day, 27 min. past 6 afternoon:

Bird

First quar. Fryday 23 day, at 11 in the forenoon. Full Moon Saterday 31 day, 5 min, past 7 morning

To the viii warm weather, then to the xiv some showres of rain with wind, from thence to the xxii good Summer weather, all the rest variable, with some mists & dark weather, yet sometimes fair

A fair at Culross, and Stow, 1 day, Abernathy and Anchtermuchty, 2 d. at Dundee first tuesd. Peter fair at Peter bead 5 d. Pady fair 6 d. 8. Andrew at Glasgow, & Inverness 7 d. Aikie fair in Old-Deer, Borrowstonness, and Annan, 2 tuesd. at Tarves 3 tuesd. at Killimure, & Foirg, 13 d. at Mossat and Kirkalay. 18 d. at Stirling 20 d. at Lawder, Linlithgow, Pettenweem, and Pathbead, 22 d. in Corstorphin, and Air 24 d. 8. Iames fair at Forfar, Kingorn, Cowper, Lanerk, Roxburgh, Alloway, Musselburgh, and Elgin, all on the 25 d. 8. Andrew at the kirk of Glass, in Straboggie 3 tuesd. Polinar sair at Inveruree, Lambas fair at Turress, & New-Lesty and at Kinloch in Athol, & Whithorn, all the last tuesday

August begins on Sunday, pri dayes.

Sun riseth 41 min, before 5, sets 41 min after 7.

As burning beat will thee destroy, So shivering cold will the annoy:
Let little sleep thee now content, Purge not, nor bleed, lest thou repent.

Last quar. Saterday 7 day, 50 min. past 2 morning.

Change Saterday 14 day, 20 min. past 5 morning.

First quar. Sunday 22 day, 35 min. past 4 morning.

Full Moon Sunday 29 day, 31 min past 5 afternoon

Now begins our Harvest and therefore God keep up both shaking winds and rotting rains, & preserve us from the wicked enterprises of cursed witches, for I hope for the best, that this mouth shal prove reasonable dry & rypning thefore Labourers be bussie.

Lambas fair at Melrois, Ennerkeithing, St Andrews and Dumbartan i d. Lawrence fair in Old-Rain, i tuesd. and thursday after at Falkland, at Kilsyth; d. Lawrence fair in Mearns at Hawkerton, & Marimass fair at Mo-nymusk 2 tuesd. at ledburgh 2 thursd. 8. Lawrence at

The foure Seafons of this Tear, 1680.

He Spring Season begins on Wednesday, March 10. making our dayes and nights equal.

Summer Season begins on Fryday, lune 11. the days are then at the longest, and the nights shortest.

Autumn, or Harvest Season, begins on Sunday

September 12, the days and nights again equal.

Winter Season begins on Saterday, December 11. making the shortest day & longest night in the year.

The four Termly Quarters of this year 1680. He first Termly Quarter, begins en Munday, Fobr. 2. called Candlemas-day, ending the last of April. The second Quarter begins bu Satarday, May I. the the Vulgar recken from May 3 called Rood-day, which Quarter enderb the last day of luly.

Third Quarter begins on Sunday, August 1. called

Lambas-day and endeth the last day of October

The fourth and last Termly Quarter begins en Munday November 1. which is called Hallow-day, so that our Hallow-Even shis Tear falls on Sundays night before, Who borrowes money to buy Land, or gold, to build ston-walls; who begs, that he may make a feast, who drinks whe thrist not cals Who sits up late to spend his goods, and he who keeps a whore, All these may live till midst of lune, but will notthrive I'me sure.

And because we shall see no Eslipsethis Pear 1680. in our Hozizon, either of Sun or Moon; Eperesoze we recommend our felbegunto God, and those Aspects to such other Nations, as shall behold them with fear and trembling. Laudate DEUM.

The exact Changes of the Monechly rysing and setting Quarters with the Monechly rysing and setting of the Sun daily disposition of the Weather & the best known Fairs of fair Scotland, 1680.

January begins on Thursday, recidays.

Sun riseth 27 min. besore 9. sets 27 min. after 3: If thou be sick, and belp wouldst have the counsell of the learned crave:

If thou haft bealth to keep thee fo, fly Idteness as deadly foe.

Fall Moon, Munday 5 day, 48 min. patt 9 at night, Last quar. Tuesday 13 day, 51 min. past 6 at night. Change Wednesday 21 day, 47 min. past Noon-tide. First quar. Wednesday 28 day, 5 min. past 7 morning

The first three days fair and cold, then to the x rainy and tempestuous weather, from thence to the xviii smal dissembling frosts but not dissembling winds, then to the xxiv cold raw showres, all

the rest indifferent good Winter weather, good for Fishers.

A Fair at Kilsyth I day, S. Naughlans at Old Meladrum 2 tuesd. Tantan fair at Lawrence kirk, and at the kirk of Bethelnie 7 day, S. Mungo in Glasgow 13 day, at Dunkell and Kilwining 2I day, S. Pauls fair at Turress in Buchan the last tuesday.

February begins on Sunday, rrix dayes,

Sum riseth 30 min. before 8, sets 30 min. after 4.

Take choise of food in any wise, to keep thee warm also precise:

Beware likewise thou let not blood, Except the Learned thinke it good.

Fol Moon Wednesday 4 day, 49 min.past 1 afternoon

Last quar. Thursday 12 day, 46 m. past 3 afternoon

Change Thursday 19 day, 45 min. past 12 at night.

First quar. Thursday 26 day, 24 min.past 3 afternoon

Two first days fair, then to the vii cloudie and unconstant, with some snow and sleet, to the xii more fair, but cold; from thence to the xix more warme and kindly, then to the end high winds.

S. Brides fair at Abernethie, Ferres, & Inverness I day Candlemas fair in Bamff, Dunkell, Dingwall, and DowThe Dismall Dayes are these,

Ianuary, 1. 2. 4. 5.

10. 15.17. 19.

February 8. 10. 17.

March, 15. 16.19.

April, 15. 21.

May, 7, 15. 20

Inne, 4, 7.

Inly, 15. 20.

August, 19. 20.

September, 6. 7.

October, 16.

November, 6. 19.

December, 6. 7. 11.

Believe them who please

The Canicular, or Dog-dayes, begin alwayes upon the 19 day of July, and endesk the 28 of Anguis: which days are dangerous to take sickans, let blood, or take medicin but if necessary require. want be done in the morning.

The Clymastericall Years of Men and Women, are, Every Seventh, Nyoth, and excy-three Yeares.

Advertisement from the good I own of Frasers-Burgh, concerning their Yearly Fairland week-

ly Mercats, throughout the whole Year.

Which are as followeth, (Viz.)

The first is S. Iohns fair, the last Fryday of lune.

Second is Michael fair, the last tuesday of September, being a special good fair for all kind of Bestiall, and continuing for the space of three whole dayes.

Third is Midden fair the second Fryday of November.
Fourth is Andersmas fair the first tuesday of December

Also, a good Weekly Market every Fryday.

Now seeing this Loyal Burgh hath sent their Fairs in so good order, I hope other Towns also will follow their good example.

Thus fare ye well, my Chapmen all, in Lands where ever ye be, Who travells with these my Labours, for to bring money to me: For Chapmen they are honest Lads, and well belov'd of all; And those that are not kynde to them, ill-luck may them befall. For were it not by Chapmen, our Countrie would wanting be. Of many brave Commodities, which are most pleasant to lee

Vulgar Notes and Observations, to know when the Moon riseth or seterb, 1680.

I. At the Change, the rifeth and feseth with the Sun.

2. At the beginning of her Increase, the rileth a little after Sun-rifing, and seteth a little after Sun-seing.

3. As her first quar. (viz. 8 or 10 days old) she riseth about Mid-day, and sets about Mid-night.

4. At the Full Moon, the rifeth when the Sun feteth, and feterh when the Sun rifeth.

5. At the begining of her decrease, she riseth a little after Sun-seiting, and sets a little after Sun-rising.

6. At the last quarter of her decrease, she riseth as bout Mid-night, and seteth about Mid-day. Now by this, you may easily know (near enough, for the common use of Land-men, but not for Seamen) the intermediat times of the Moons rising and seting every day, sower by one hour, and about a sisting part, viz. 12 minuts.

I have also here set down, (for the use of all our brave Sea-men and Travellers,) a very necessary and Everlasting Tyde-Table, to shew you the exact times of High-water, or Full-sea, into all our Northern Sea-Ports or Harbours, betwixt Inversess and Lieth: for which places, you have no more to do, but enter the Table, with the day of the Moons-Age, which you have into the middle; and soregainst these respective dayes on overy side, you may know (for ever) when it will be a Fall-Sea, or High-water, into any of the said Harbours.

As by this one following Example.

I desire to know at what time it will be a Full Sea. either at Cromarrie, Aberdeen, Monross, or Lieth, upon the 1. or 16 days of the Moon, which is the first line of figurs into the midst of the Table: then looking to the figurs which is under Cromartie, I find 12 48. which sheweth that it is a Full-Sea there, at 12 hours 48 minuts, upon the 1 and 16 days of the Moon; and at Aberdeen at 1 h.33 min Selkirk, Auchtermuchtie, Forres, and Dumblane 10 d. Lady day in Dundee, and Bamff, 15 d. at Rugland 20 d. at Scoon 22 d. Marimass fair at Ellon, inverness and Rattray 3 tuesd. 8. Bartholomew in Linlubgow, Clack-mannan and Peebles 24 d. Semarivis in Forres, and Corftorphin 26 d. 8. Iohns fair at St., Iohnston 29 d. Barthol fair at Kincairn of Niel, last tuesday.

September beging Wednesday, rrr dayes

Sun riseth 29 min before 6, sets 29 min. aster 6.
Raw fruit, the ripe, may sickness bring. Unripe to eat's a dangrous thing.
If now a surseit then dost take, When others sleep then must awake.
Last quar. Sunday 5 day. 16 min. past 9 morning.
Change Sunday 12 day, 45 min. past 6 at night.
First quar. Munday 20 day, 19 min. past 10 at night

Full Moon Munday 27 day, 56 min past 7 at night Good weather for the Harvest till the vii day, then to the xii rainy and hasie, all the rest clear, except some rain now and then.

S. Giles in Elgin I day, Semarivis fair at Kieth I tuef. latter Lady day in Dundee, Stirling, Bamff, & Inverney 8d at Monymusk 2 tuefd. Rood fair at Inverney, and ledburgh 14d at Forfar 15d. at Kirkaldy 20d. at Cavill, Dumfermling, Dumfries, Athelfton, 24d. at Colvain 25d. at Tranent 27d. Michel fair at New Leslie, Haddington, Air, 8. Andrews, Crief, Kirkubright. Gallashiels, kirk of Foirg, allon 29d. Ierom in Bamff 30d. Michel fair at the kirk of Kinkell, and Michel fair at FRASERSBURGH in Bueban both upon the last tuesday.

Detaber tiegins on Fryday, rexi dayes.

Sun riseth 16 min. before 7, sets 16 min. aster 5.

Warm cloaths muß now provided be, Also warm meats are good for thee

Have good regard thy seet be dry, Thou shalt avoid much harm thereby.

Last quar. Munday 4 day, 11 min. past 5 asternoon

Change Wednesday 13 day, 46 min. past 2 asternoon

First quar. Wednesday 20 day, 18 m. past 1 asternoon

Full Moon Wednesday 27 day, 7 min. past 1 astern.

Pretty fair for taking in Clyack in some cold countrey Rooms and Villages till viiiday, but after expect strong winds to the xv day, therefore keep in your Fish boats, and stand fast ye Mariners, all the rest possibly more fair and calm, though sometimes hase.

A fair at Saltpreston sirst 3 days, at Dundee, Kinloch Ranoch in Athol, and Cowin fair at Turrest 1 tnesd. at Cowper 6 d. Dionise in Peebles, Earleston, Kirkintilloch Aiton, Auchtermuchty, Ceres, Killimure, Mosfat, and at St. Iohnston all on 9 d. Trewell fair, and at Monsseeth 2 tnesd. at Belbelvie 2 wedness at Dalkieth, and Tillibol, 10 d. at Ennerkiething 12 d. at Borrowstonness. & Musselburgh 16 d. S. Lukes fair in Old Aberdeen 3 tnesd. and at Lawder, Kinross, and Rugland 18 d. Mary Salamin at Stirling, and Kelso, 22 d. at Forsar, and Linlibgow, 24 d. at Falkirk, and Passoy, 26 d. Judos fair at Glenquhithell 3 wednesd. at Dysers, Coekany, Kirklifton, Hawick, Migel, and Roslin, 28 d. at Alloway, and Nicolson 29 d. Hallow fair at Rattray, last tuesd. Dobestivet versions of Spin at Rattray, last tuesd.

Sur riseth 4 min. before 8, sets 4 min. after 4.

If Rhemmes do now molest thy Head, It is not ill to sweet in Bed:

Feed on good meats, if stomach serv, Els sock for thet which do preserve

Last quae. Wednesday 3 day, 7 min. past 4 motning.

Change Thursday 11 day, 1 min past 6 motning.

First quae. Fryday 19 day, 38 min. past 6 motning.

Fall Moon Thursday 25 day, 8 min. part 11 at night.
November now be doth come in, with blastring winds and weets not thin
But if he turns not weets to snow, Then sure it is more then I know.

Hallow fair at Edinburgh, Dumblane, Falkland, & Fordyce, I d. at Alathie; 2 d. at Kilwinning 3 d. at fedburgh, I tuesd. at Forres, and Largo, 6 d. Martinmass fair at Straboggie, Inverness, Dumbar, Melrois, Martin-kirk, Comper, Hammilton, Culross, and Kilmahng, all on I I d. at Stonbyve 2 tuesd. Midden fair at Frasers-burgh 2 styday, at Kilsyth 12 d. at Dundee 13 d. at Gring

Bryack fair at the kirk of Cowl, the 22 day, belonging to the Right Honorable, the Laird of DRUM. S. A. I. at Tane and Anchtertuil, 22 d. at Bruntiland, 23 d. Andersmas fair at Stradon, 29 day, and at Old Meldrum, last tuesd at St lobuston 30 day.

December begins Wednesday, pri dayes

San reseth 16 min. before 9, sets 16 min after 3.

In sted of phisick, pille & pocious, which in our bellies mak such motios now drink good sack, laugh & be jolly, twill cure thee of al melanchely Last quae. Thursday 2 day, 22 min. past 9 at night. Change Saterday 11 day, 21 min. past 1 morning. First quae. Saterday 18 day, 22 min. past 7 at night. Full Moon Saterday 25 day, 10 min. past 8 morning.

Wot ye what sayes December he will make us remember, how we have spent the Summer, for the weather shall prove most comfortable to them who most have, this being the sitest time of all the year, for Cooks Bidlers, and Pypers; for the 24 of this month is Christmas-Even, and the 25 is Christmas-Day; so that, good sire, good sare, and good fellows, are as sit for this time, as a

Thief is for the Gallows, or a Taitour for the Scaffold.

Andersmass fair at Frasersburgh the first Tuesday. S. Nicolas fair in Aberdeen, and Ranfrew 7 day, Lady day in Westerweems 8 d. Dustan fair at Deer, Bamss, and Rothemay, 14 d Cuthbort in the Grange, 17 d. Thomas at Olaszow, Inverses, & at Doun in Montieth, 18 d 8. Iohns fair at Bamss, Forres, and Methil, 27 d. a fair at the kirk of David, last thursd. But mark Goodman, Now if the weather do prove cold, As naturally bath been of old: Ly closs in bed unto thy Wife, It will be good to avoid much strife. To give her now and then a kiss. May salve up things that are amiss: And one thing for a maxime hold whilst women kiss they cannot scold. Then seed her often with that dyet And then It be sure to find her quies Eor where that quietness doth dwell; There peace succeeds & all is well.

Thus have I said my mind, which if thou sight, Sure, thou'lt repent it every day & night.

Let us now Proceed, and give a little toute b of the Nature of the Year in Generall, according to the judgment of our infallible Anthor Etta Pater.



It is predicted by him, that this Year 1680, shall be as other years in some part good, and in other things very bad: according to hely lob's saying. That the dayes of Man are few, and full of trouble: For the Winter shall be long, yet indifferent dry, and windie, the Spring-time very wholesome, with

strong blasts of wind: the Summer shall recomperate and fair, yet somewhat rainy: the Harvest for the most partrainie, so that the waters shall break out of their bounds, yet Wheat and Fruit shall be good cheap, and competency enough of Corns. Hay, and Grass: great death of Cattel; so that sless shall be dear: great Troubles and Wars, but in the end of the Year victorie by Kings and Princes over their Enemies: some ease of Taxes and Tallages to the people with a very licentious life of the Feminine. Sex

Fic=	fa=	car=	La=	trim=	Tras
kell	fong	rieg	dies	ing	ceg.
bruk=	per=	mar=	La=	want-	Gra=

If the day of Candlemas, (Febr. 2) be bright and clear, Then the Winter shall be greater and worse that year.

If on the day of Martin-Bulzeon (luly 4.) it Rain, Then for fourty dayes after it useth to remain.

Dismall-dayes, An Everlassing Tyde-Table, for Ebbs and Flowings. then passing the two divisions in the Table for the Moons-Age. I find a Fell-See at Mesros 2 h. 18 min. and at Lieth at 3 ho. 27 min all upon the 1 and 16 days of the Moon: Therefore seeing this one Example (for your instruction) is so plain, more are needless.

Cromartie, Millorchie Innernels, Findorne, Spey, Bamf Peterhead, Newbrugh		The Age of the Moon	Monrois, Dundee, S. Andrews Cryle, En- ster, & all so Brunt- Yland.	Lieth in the Firth.
hou.min. 12 48	S. by W. ho.min. I 33 2 21 3 9	1 16 2 17 3 18	1 ho. min.	S.W.byS. ho.min. 3 27 3 51 4 39
2412048643642	3 57 45 33 E 7 7 57	4 19 5 20 21 7 22 23 24 10 11 26	334386420	\$ 15 7 51 7 51 8 9 27 10 15
7 12 8 48 9 36 10 24 11 12	7 8 45 9 21 10 21 11 57 12 45	10 25 11 26 12 27 13 28 14 29 15 30		IO 15 II 3 II 51 I2 39 I 27 2 I5

To know (at any time) how many days old the Moon is mothing is better then your Yearly Almanacks, for to reckon alwayes from the day of the Change: But know, that if the Moons Change be before 12 a clock of day, that, then the same day is the Prime, or first day of the Moon, but if after 12, then the next day is Prime.

Long live our KING, Thryse happy be his keign,"
That he may still CHRIST'S-Gospell here mantains

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Lastly, I have here set down an excellent Rule how all People may keep themselvs in perfect Health: Also, how to take away the Corns, from their Feet or Toes,

F thou wolud keep thy felfling in Health, fly Anger, Wrath, and Envy; and give thy felf to Mirth in measure: Travell fadly, fo that thou sweat not too much in the Sninmer, and namely in time of the Canicular, or Dog-days: Also fly all mainer of firong Drinks and hot Spices, brenning Meats, especially there excels. Fast not too long at morn: Sup not too late at might; exc not too hastily, nor yet over much at once, and that which thou eatest chew it well: every time that thou eatest rest a little afters fleep not after Dinner, except in May, June, July and August and yet the less that thou fleepell then, the better it is. To fleep well in the waxing of the Night, and to be early up in the Morning is the better: and every day beware of Mists, that none enter into thee fasting: for thereof cometh great pestilences and heat. And in great cold and pestilences, eat much Garlick every day, with nine Saffron chieves, and it will do thee much good, Eat enough in Winter, and the Spring, but little in Summer; and look thy meat be well seasoned. In Harvest beware of ruits, for they are not good, except they be given thee for medicine: Of all manner of Meats, sodden is the best : Eat not too many hot Spices, and eat but little at once, for better it were to eat seven times in the day, then once thy fill. Flesh is more nowrishing then Fish: and eat not too much fowr meats, nor falt; for they will make thy bones sore: sweet powdred meats be most wholesome. Looke thy Drinke be not too New, nor too Old. Of all things take measure, and no more, for in measure rests vertue.

A well tryed Medicine for the Corns in the Feet or Tees.

Pare your Corns well, then take a black Snail and bruise and put a drop or two thereof on the place grieved; adding thereto a little powder of Samphire: This I can affure you with constant use, in a little time will take away the Corns.

So then, If Health and Ease thou would'st procure,

Observe all, Lave said this Year:

And for to keep our selves in Peace, GOD give us Grace, That afterwards in Heaven, we may find Place.

FIT I 6 NOT LOUS, QUES FORBES

